

### COVID-19 in Eeyou Istchee

The Government of Quebec will be reporting a 16th case of COVID-19 for our region. The resident of Eeyou Istchee was diagnosed with COVID-19 while in Montreal and is being treated there. The contact tracing in the case is complete and there are no contacts leading back to Eeyou Istchee. Thoughts and prayers are with the individual and their family.

### Management COVID-19 Cases in Region 10

This is a Special Advisory to inform the people of Eeyou Istchee on the management of recent cases in Region 10, more specifically in Chapais and Chibougamau.

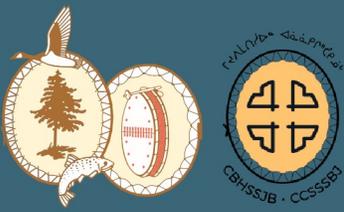
The contact tracing and containment continues to go well with the Public Health Department of our Region supporting the Region 10 – Nord-du-Québec Public Health Department. It is imperative that people in the Chibougamau/Chapais area limit their social interactions to help the Public Health Departments contain the recent clusters of cases. COVID-19 does not appear to be spreading uncontrolled in these communities and Crees that go to this area for medical, educational, commercial or for other essential reasons should be reassured that rigorously applying physical distancing and precautionary measures should protect them from contracting COVID-19. There may be further announcements of positive cases in Chibougamau or Chapais as contact tracing is being completed. This is very normal, and people should be assured that these positive tests, usually relate to individuals who are already in self-isolation and no longer pose a significant threat to the community.

We must not forget that the biggest challenge for all jurisdictions across the country in the second wave COVID-19 is managing transmission through social contacts. By keeping our social circles small during this time, we are doing our part to keep COVID-19 from the vulnerable members of our society.

The Government of Québec has announced they will be changing the status of Region 10 – Nord-du-Québec from Yellow to Orange.

The change in status by the Government of Quebec does not affect the assessment of regions, travel restriction by the Cree Nation Leadership. The change in status is not a sign of the region losing control as we have seen in other regions, rather it is the Region's Public Health Department and Municipal being proactive to raise awareness of the local populations in Chibougamau and Chapais to do their part through limiting social contacts to keep COVID-19 from spreading within the region. The change in status will also assist in making sure that the schools, public services and commercial establishments are even safer than they are now. It is important that parents and students follow the instructions that they receive from the educational institutions so that children can continue to enjoy a safe school experience.

The Cree Leadership and Public Health Authority are working closely with Region 10 and the moment that there is any threat to the Cree communities of Eeyou Istchee that would require a change in travel restrictions, Public Statements will be issued.



### Travelling

The Cree leadership is closely monitoring neighboring regions, assessing the numbers of cases, the nature of those cases and the contact tracing capacity in those regions. Sudbury recently had an increase in cases that does not justify a change in risk status at this time, due to the regions contact tracing capacity and the nature of these recent cases. Regardless, all travelers are advised to exercise extreme caution when traveling outside of the communities of Eeyou Istchee.

As a reminder, after evaluation of the **Areas Representing a Risk**, those individuals who have in the last 14 days travelled:

- anywhere outside Quebec, except for the Ontario regions of Sudbury, Porcupine and Temiskaming, which included the municipalities of Sudbury, Timmins, Moosonee and North Bay;
- within Quebec to:
  - Region 1 – Lower-St-Lawrence
  - Region 2 – Saguenay-Lac-St-Jean
  - Region 3 – Quebec Capital
  - Region 4 – Mauricie and Centre-du-Québec
  - Region 5 – Estrie
  - Region 6 – Montreal
  - Region 7 – Outaouais (Gatineau)
  - Region 9 – North Shore
  - Region 11 – Gaspé and Magdalen Islands
  - Region 12 – Chaudière-Appalaches
  - Region 13 – Laval
  - Region 14 – Lanaudière
  - Region 15 – Laurentians
  - Region 16 – Montérégie
- any Hydro-Quebec site;
- to any mine site, please note:
  - Workers coming from the Windfall Mining Exploration Site by Osisko Mining Inc with the appropriate documentation will NOT be required to self-isolate;
  - Workers coming from the Renard Mine Site by Stornoway with the appropriate documentation will NOT be required to self-isolate;
  - Workers coming from the Éléonore Mine Site of Newmont with the appropriate documentation will NOT be required to self-isolate;
- any forestry camp, please note:
  - Workers coming from the Forestry Camp at km 105 on the James Bay Highway with the appropriate documentation will NOT be required to self-isolate effective immediately;

will be **required to self-isolate for 14 days** under the Local Mandatory Self-Isolation Laws.

Therefore, people coming from Regions 8, 10, 17 and 18 in Quebec and the regions Sudbury, Porcupine, Timiskaming and North Bay in Ontario DO NOT need to self-isolate under the local Mandatory Self-Isolation Laws.