

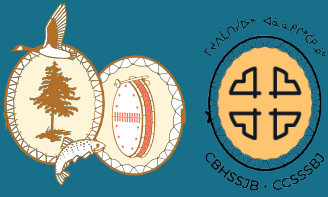
Travelling

The Cree leadership continues to monitor regions throughout the province of Quebec. The steady increase of cases in Region 2 – Saguenay-Lac-St-Jean requires the status of this region to change under the local Mandatory Self-Isolation Laws.

After evaluation of the **Areas Representing a Risk**, those individuals who have in the last 14 days travelled:

- anywhere outside Quebec, except for the Ontario regions of Sudbury, Porcupine and Timiskaming, which includes the municipalities of Sudbury, Timmins, Moosonee and North Bay;
- within Quebec to:
 - Region 1 – Lower-St-Lawrence
 - Region 2 – Saguenay-Lac-St-Jean – October 1, 2020 at 11:59PM
 - Region 3 – Quebec Capital
 - Region 4 – Mauricie and Centre-du-Québec
 - Region 5- Estrie
 - Region 6 – Montreal
 - Region 7 – Outaouais (Gatineau)
 - Region 9 – North Shore
 - Region 11 – Gaspé and Magdalen Islands
 - Region 12 – Chaudière-Appalaches
 - Region 13 – Laval
 - Region 14 – Lanaudière
 - Region 15 – Laurentians
 - Region 16 – Montérégie
- any Hydro-Quebec site;
- to any mine site, please note:
 - Workers coming from the Windfall Mining Exploration Site of Osisko Mining Inc with the appropriate documentation will NOT be required to self-isolate;
 - Workers coming from the Renard Mine Site of Stornoway, with the appropriate documentation will NOT be required to self-isolate;
 - Workers coming from the Éléonore Mine Site of Newmont, as of October 5th, 2020 with the appropriate documentation will NOT be required to self-isolate;
- any forestry camp, please note:
 - Workers coming from the Forestry Camp at km 105 on the James Bay Highway with the appropriate documentation will NOT be required to self-isolate effective immediately;

will be **required to self-isolate for 14 days** under the Local Mandatory Self-Isolation Laws.



Travelling Continued

Therefore, people coming from Regions 8, 10, 17 and 18 in Quebec and the regions Sudbury, Porcupine, Timiskaming and North Bay in Ontario **DO NOT** need to self-isolate under the local Mandatory Self-Isolation Laws.

Our communities continue to represent the least risk during the COVID-19 pandemic; the further we travel from our homes and our communities the greater the risk of contracting COVID-19. We must always practice physical distancing and precautionary measures to protect our fellow community members and it is even more important when we are travelling regardless the purpose.

Reliable Sources

People are advised to continue exercising caution on where they get their information in relation to COVID-19 and to keep in mind that the reliable sources of information remain:

- eeyouistcheecovid19.org/
- cngov.ca/covid-19/
- creehealth.org
- eeyoueducation.ca
- quebec.ca/coronavirus
- canada.ca/coronavirus