



Travelling

The Cree leadership continues to monitor regions throughout the province of Quebec and there is reason to be concerned with the steady increase of cases in Region 3 – Quebec Capital, Region 5 – Estrie, and Region 7 – Outaouais (Gatineau) requiring that the status of these regions to change under the local Mandatory Self-Isolation Laws.

After evaluation of the **Areas Representing a Risk**, those individuals who have in the last 14 days travelled:

- anywhere outside Quebec, except for the Ontario regions of Sudbury, Porcupine and Timiskaming, which includes the municipalities of Sudbury, Timmins, Moosonee and North Bay;
- within Quebec to:
 - ◊ Region 3 – Quebec Capital – since September 11th, 2020 at 12:00am
 - ◊ Region 5- Estrie – since September 11th, 2020 at 12:00am
 - ◊ Region 7 – Outaouais (Gatineau) – since September 11th, 2020 at 12:00am
 - ◊ Region 6 – Montreal
 - ◊ Region 13 – Laval
 - ◊ Region 14 – Lanaudière
 - ◊ Region 15 – Laurentians
 - ◊ Region 16 – Montérégie
- any Hydro-Quec site;
- to any mine site, please note:
 - ◊ Workers coming from the Windfall Mining Exploration Site by Osisko Mining Inc with the appropriate documentation will NOT be required to self-isolate;
 - ◊ Workers coming from the Renard Mine Site by Stornoway, as of September 8th, 2020 with the appropriate documentation will NOT be required to self-isolate;
- any forestry camp, please note:
 - ◊ Workers coming from the Forestry Camp at km 105 on the James Bay Highway with the appropriate documentation will NOT be required to self-isolate effective immediately;

will be required to self-isolate for 14 days under the Local Mandatory Self-Isolation Laws.

Therefore, people coming from Regions 1,2,4,8-12, 17 and 18 in Quebec and the regions Sudbury, Porcupine, Temiskaming and North Bay in Ontario DO NOT need to self-isolate under the local Mandatory Self-Isolation Laws.

Our communities continue to represent the least risk during the COVID-19 pandemic; the further we travel from our homes and our communities the greater the risk of contracting COVID-19. We must always practice physical distancing and precautionary measures to protect our fellow community members and it is even more important when we are travelling regardless the purpose.

Reliable Sources

People are advised to continue exercising caution on where they get their information in relation to COVID-19 and to keep in mind that the reliable sources of information remain:

■ eeyouistcheecovid19.org/

■ eeyoueducation.ca

■ creehealth.org

■ cngov.ca/covid-19/

■ quebec.ca/coronavirus

■ canada.ca/coronavirus