



# COVID-19 Public Bulletin

## July 9, 2020

### DATA

The Cree Nation continues to remain COVID-19 free. Regular testing for COVID-19 in Eeyou Istchee is currently at:

- 611 regular tests have been administered
- 596 returned negative
- 5 waiting for results

The Cree Health Board is doing more screening tests focusing on Health Workers, patients returning home and other high-risk groups such as elder's home workers. The current Screening results are:

- 597 screening tests
- 8 awaiting results
- 589 returned negative

### EYYOU ISTCHEE

As the communities of Eeyou Istchee begin Phase 3 of the deconfinement plan, it is more important than ever that community members continue their laudable commitment to precautionary measures, not only when we travel. The true spirit of resilience and the wisdom of our ancestors is reflected in our continued sacrifice for one another such as in our compliance with the Mandatory Self-Isolation laws in our communities.

It is extremely important to practice physical distancing and precautionary measures. Everyone must do what they can to protect fellow community members.

Please visit: [www.cngov.ca/COVID-directives](http://www.cngov.ca/COVID-directives). On this site people can consult Directives as they become available explaining the different activities that are permissible with conditions and adaptations as the Cree Nation moves through different phases of the Deconfinement Plan.

### TRAVEL

Travelling within Eeyou Istchee continues to represent the least risk and the further we travel from our homes and our communities the greater the risk of contracting COVID-19. We must always practice physical distancing and precautionary measures to protect our fellow community members and it is even more important when we are travelling regardless the purpose.

Travelling to Areas of Risk will require self-isolation and these areas remain:

- Anywhere outside Eeyou Istchee, Nunavik and Region 10
- Any mine site
- Any forestry camp
- Any Hydro-Quebec site

While jurisdictions outside of Eeyou Istchee continue to struggle with containing COVID-19 or properly managing deconfinement, the status of regions will fluctuate representing a particular risk and challenge for the citizens of Eeyou Istchee that would like to travel to these areas.

Recently, Region 2 -Saguenay-Lac-St-Jean reported 2 new cases over last weekend, 3 new cases from the beginning and now 5 new cases from the middle of this week for a total of 10 active cases within the last week. The evolution of the cases in Region 2 -Saguenay-Lac-St-Jean does not allow us to conclude that they are experiencing "sporadic" cases at this point in time but rather there is an indication of an escalation of the situation. Region 2 can therefore not be considered for exemption from travel restrictions at this time. The issue will be the subject of further discussion of the Cree leadership briefing scheduled for July 14th, 2020.

Region 8 -Abitibi continues to do well not reporting new cases since last examined by the Cree leadership, however people are reminded that the situation can change quickly as is the case of Region 2 -Saguenay-Lac-St-Jean.