



# COVID-19 Public Bulletin

## July 2, 2020

### DATA

The Cree Nation continues to remain COVID-19 free. Regular testing for COVID-19 in Eeyou Istchee is currently at:

- 574 regular tests have been administered
- 554 returned negative
- 10 waiting for results

The Cree Health Board is doing more screening tests focusing on Health Workers, patients returning home and other high-risk groups such as elder's home workers. The current Screening results are:

- 522 screening tests
- 32 awaiting results
- 490 returned negative

### EYOU ISTCHEE

The Cree Nation is being more cautious than other jurisdictions, it is a rare thing for a region to be able to declare that on July 2nd, 2020 that it has not had communal transmission yet. This is an exceptional status and has come at a heavy price. Individual workers make an incredible sacrifice isolating for 14 days when they have been at a worksite providing for their families. Chiefs and local leadership have also made incredible sacrifices seeing major construction projects postponed in all communities of Eeyou Istchee.

Phase 3 of the Deconfinement Plan will be announced shortly by Public Health. The commitment of local leadership to the Mandatory Self-Isolation Law, the sacrifices of so many and the difficult decisions made by local leaders will allow the Cree Nation to plan for Phase 3 with greater liberties, especially for children.

### TRAVEL

Travelling within Eeyou Istchee is safe but people are reminded that although you may not have to self-isolate when coming from another community but it is important to keep in mind that communities may have more restrictive rules than your own community so it is always best to verify what activities are permitted at your destination.

Travelling to Areas of Risk will require self-isolation and these areas remain:

Anywhere outside Eeyou Istchee, Nunavik and Region 10

- Any mine site
- Any forestry camp
- Any Hydro-Quebec site

The Public Health Department is monitoring neighboring regions closely and will advise when they can be declared safe for travel again. There is reason to be hopeful as numbers slowly improve across the province.

There is reason to be proud and optimistic. The Cree Nation will survive this and be stronger than when it began.

It is extremely important to practice physical distancing and precautionary measures. Everyone must do what they can to protect fellow community members.

People are encouraged to visit [www.cngov.ca/COVID-directives](http://www.cngov.ca/COVID-directives). On this site people can consult Directives as they become available explaining the different activities that are permissible with conditions and adaptations as the Cree Nation moves through different phases of the Deconfinement Plan.

### RELIABLE SOURCES

- [eeyouistcheecovid19.org/](http://eeyouistcheecovid19.org/)
- [cngov.ca/covid-19/](http://cngov.ca/covid-19/)
- [creehealth.org](http://creehealth.org)
- [eeyoueducation.ca](http://eeyoueducation.ca)
- [quebec.ca/coronavirus](http://quebec.ca/coronavirus)
- [canada.ca/coronavirus](http://canada.ca/coronavirus)