

نگۍ لاظکې ځو له شاک ټک کې ځو د لک ځې (۵۰ ځ) Grand Council of the Crees (Eeyou Istchee) Grand Conseil des Cris (Eeyou Istchee) Aאל חעאיירזל Cree Nation Government Gouvernement de la Nation Crie

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URGENT NOTICE CHANGE OF STATUS OF "AREAS OF RISK"

JUNE 12, 2020 - As of June 12, 2020, at 11:59pm, Saguenay-Lac-St-Jean (Region 02) must be considered an "Area of High-Risk" and travelers will be required to self-isolate for 14 days if they arrive from that region after this time.

Region 02 has reported an outbreak of COVID-19 cases in a manner which is a cause for concern, with more cases anticipated in the near future. The decision to designate Region 02 an Area of Risk was taken after consultation with the Directors of Public Health of Eeyou Istchee and Saguenay-Lac-St-Jean, and the leadership of the Cree Nation.

What this means for travel to Region 2:

 People who travel to Saguenay-Lac-St-Jean (Region 02) after June 12 will have to self-isolate for 14 days upon their return.

Please see the revisions to the attached "Map of Areas of Risk" and consult with Public Safety in your community to be aware of any other directives in effect for entering and exiting a Cree community.

Travel to throughout Eeyou Istchee, Nord-du-Québec (Region 10) and Abitibi-Témiscamingue (Region 08) is still considered safe and does not require self-isolation. Both regions have been reverified in regard to their status.

During deconfinement, the areas defined as Areas of Risk and therefore requiring self-isolation can change quickly, as this situation demonstrates. The decision to add a region to the Areas of Risk is not taken lightly and is made in order to protect our communities from COVID-19.

We wish to remind all travelers outside Eeyou Istchee to carefully follow all precautionary measures, no matter what your destination. These include; frequent hand washing or use of hand sanitizer, cough and sneeze in your elbow, disinfect high-touch surfaces in your car and hotel room and electronic devices, wear a mask in places where you cannot maintain 2 meters or 6 feet of physical distance with others.

The CBHSSJB and Cree leadership closely monitor COVID-19 activity in all neighboring regions in order to assess the risk to travelers from Eeyou Istchee. Our region currently has zero cases of COVID-19. For information contact the COVID Info-line for Eeyou Istchee 819-855-2811 or speak to the Public Safety representative in your community.

Therefore, for now, the Areas of Risk are:

- Anywhere outside Eeyou Istchee, Nunavik, Region 10 and Region 8
- Any mine site
- Any forestry camp
- Any Hydro-Quebec site

Travelling within Eeyou Istchee is safe but people are reminded that although you may not have to self-isolate when coming from another community you should not be planning visits or activities in communities that are not permitted under Phase 1 of the Cree Nation Deconfinement Plan. For example, you may be able to travel to a neighboring Cree community, but it is not recommended to gather or visit indoors, people must remain 2 meters from one another. It is also important to keep in mind that communities may have more restrictive rules than your own community.

It is extremely important to practice physical distancing and precautionary measures. Everyone must do what they can to protect fellow community members. Please also note that your community may have a more narrowly defined area where it is considered safe to travel and it is very important to remain informed of your local self-isolation requirements.

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