

TRADITIONAL MEDICINE

- You can boil medicine during the day to cleanse the air in your cabin (cedar, balsam fir, Labrador tea, etc...)
- Drink the medicine as recommended by traditional healers or knowledgeable people in your community
- Animal fat (bear, goose, etc...), if available, can be used as recommended by traditional healers or knowledgeable people in your community

For more information on traditional medicine, contact Nishiiyuu Miyupimaatisiun team members:

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TUNE IN TO RADIO, BUSH RADIO, AND CHECK YOUR PHONE FOR UPDATES ABOUT COVID-19.



HAVE A GREAT GOOSE BREAK AND STAY SAFE!

